



## Ron Della's Story About How He Overcome His Fear of Public Speaking

Coach Hu enjoys telling the story of his former partner Ron Della Giovanna. Ron co-facilitated LIFE Seminars with Coach Hu way back in 1977. Hu and Ron were at a dinner one-night masterminding about their next LIFE Intensive when Tommy, an old friend of Ron's, unexpectedly walked in and sat down for a few minutes to say hello. He asked Ron, *"What have you been up to?"* Ron told him that he had partnered with Coach Hu and they were producing LIFE Seminars. Tommy immediately started laughing. Hu, defensively asked Tommy, *"What's so funny?"* Tommy didn't answer Hu but instead asked Ron, *"Did you ever tell Hu about your first public speaking experience?"* Without waiting for Ron to answer, Tommy laughingly told the story of Ron's first public speech for the corporation that they were both working for. When Ron was introduced, instead of taking the stage, he locked himself in the bathroom.



Hu found Tommy's story hard to believe because he had facilitated several seminars with Ron, and Ron had proven to be a very effective speaker. Ron started laughing also and said, *"Yes every word of that story is true, Hu"* This shocked Hu because he had no idea that Ron used to get paralyzed before speaking in public. At that moment Hu felt great respect for his partner for having the emotional courage to overcome his public speaking fears to the point that he was now earning his living as a dynamic workshop leader.

This true story is proof that, no matter what your skill level is, you can become a professional public speaker if you are willing to practice, practice, practice. All you must do is start small by scaling down your initial expectations from a weekend Intensive to a FREE one-hour introductory lecture. Then you can build up to a half-day, then a one-day, and before long, you will be doing weekend intensives.