



## What Participants Shared After Attending An...

## HLC's L.I.F.E. Workshops & Spiritual Intensives

"This weekend ended up being an experience of a lifetime for me. I knew that I was not alone on my journey. I was overwhelmed by the openness and genuine love that was being shared in the room.

I have never experienced so much unconditional love at one time in my life.

Through the exercises I was able to become aware of how tightly I was holding on to trying to control my life and those around me. I learned what it meant by: "The pain of holding on became greater than my fear of letting go" and I finally let go. I highly recommend this experience to anyone who wants to learn about themselves and the fact that we are all connected as one in Spirit!"

Linda P. "Certified Spiritual Life Coach

"My ego gave me every excuse in the world why I did not need to attend your seminar including time and money, but I'm so glad that my intuitive heart won out because your L.I.F.E. seminar was the best introspective experience of my life!"

Jane L. - Medical Doctor

"For the first time in my life, I was comfortable in my own skin in a room full of strangers. We were all searching for the same thing, our true Self. "Finding the Love Within." I felt compassion, understanding, and love radiating in the room coming from me and entering into me. It was an exhilarating experience that I would recommend for everyone. Thank you Hu."

Diane C. -Certified Spiritual Life Coach

"In one LIFE weekend with Coach Hu I learned more Self-healing methods than I did in... ten years of traditional therapy!"

Mike 7. - Message Therapist

"I can honestly say <u>it was a life altering and empowering weekend.</u> I learned so many insightful things about myself and how I see myself in the world and how wrong I was about myself. .

I am so happy to be living the life I want...and I really feel that every day is a gift."

Lisa B. -Yoga Instructor

"The <u>loving relationship methods</u> that I learned at your LIFE seminar have helped my husband and me transcend our Old World marriage into a spiritual based, conscious relationship!"

Cindy S. - Nutritional Coach

"It helped me to find feelings that I didn't know that I had. I loved the "circle of whispers".

Sandy S. - Massage Therapist

HLC's Courses Transform Knowledge Into Empowerment

"The entire experience was great- <u>it exceeded my expectations!</u> I want to pass these mastery principles onto my family so they too can live a more holistic life. Thanks Hu!"

Debra C. -Yoga Teacher

"I feel like a changed person. I cannot even begin to explain I am crying my heart out,
I miss everybody so much, all the love, the trust, the sharing,
the growing, the closeness, the hugging, the voices in my ear.
It was such a beautiful experience and I felt drenched in unconditional love!"

Martina B. -Spiritual Life Coach

"Since I've taken your LIFE seminar in <u>March of 1988</u>. I've been promoted three times and am now at the top position offered by my company.

Your LIFE training has catapulted me to success."

Walt S. -State General Agent

"I learned more about spiritual intimacy during this endearing weekend than during my entire 22 years of marriage!"

Diane L. -Nurse Practitioner

"It was a beautiful experience to feel <u>unconditionally loved and for me to unconditionally giving love back.</u> It is a beautiful vision to imagine all the people in the world to be like we were all weekend.

My experience at your LIFE Seminar was wonderful and amazing."

Rosemany R. - Certified Spiritual Life Coach

"I attended your seminar to learn what <u>I needed to do to attract my Soul mate,</u> and to my surprise I met him there! We are now both using your communication techniques and they are working wonderfully. Thanks a lot!"

Rita C. -Retail Business Owner

"I now know how to process my life through my intuitive heart!"

Pavid S. -Chiropractor

"The end result of what I received by applying what I learned at your seminar was a retainer that was more than double what I ever earned before.

The bottom line is that your LIFE training seminar gave me the practical methods for improving myself... and I took it straight to the bank."

Ronda H. -President Consultant Firm

"It was the best introspective experience of my life!"

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"At your LIFE training I learned that <u>people were treating me poorly</u> because of my low self-esteem, and you taught me the Boundary Mastery Techniques how to improve it. Since the training, I am amazed at how positively people are now responding to me."

Henriette R, -PhD Environmental Scientist