



# Holistic Learning Centers, Inc.

Advanced Training for Holistic Practitioners and Beings Seeking Empowerment

SAVE the...Humans!

## INNER REFLECTIONS

A MONTHLY MESSAGE FROM HU DALCONZO, FOUNDER OF HLC

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### Part Two: Why TRUST... Accelerates positive change!

My Dear Soul Friends:

If you are a new reader you might want to go back and read Part I of the "Why Trust Accelerates Positive Change" *Inner Reflections* message (Click here to read past issues: <http://www.holisticlearningcenter.com/InnerReflections.html>).

### SELF-TRUST

**Self-Trust deals with the *confidence* you have in your inner God SELF to:**

- Set your goals and intentions as a deliberate conscious creator.
- Keep your commitments to others and your Self. (See Word as Law SMA).
- Be held accountable to achieve your objectives as a deliberate conscious creator.
- Inspire trust in others.

Self-Trust allows you to consciously surrender to your Higher Powers so that your inner SELF can orchestrate the infinite correlation of details that are necessary for you to manifest your desires.

Self-trust allows your intuitive heart to steer you in the right holistic direction. It frees you to leave the details of how and when things will manifest to your inner SELF to handle.

#### THIS IS A FREE MONTHLY INNER REFLECTIONS MESSAGE

Sent to you from Hu Dalconzo, founder of HLC

Feel free to share it with your family, friends and loved ones.

You can receive Hu's message automatically by signing up for HLC's FREE Spiritual Life Coaching Newsletter and Mastery Quote of the Week at [www.HolisticLearningCenter.com](http://www.HolisticLearningCenter.com) (Use the form on the left column of the home page).

OR

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"PLEASE ADD ME TO YOUR EMAIL LIST"

High levels of Self-trust will help you to close the gap between your new, intentionally created Self-programs and your old less than perfect programs. Your old disempowering programs have been deeply ingrained into your sub-conscious mind. What Self-trust does is to create a distinction between what you are "willing" to manifest as opposed to what has been deeply ingrained into your neurons at 50-70,000 thoughts per day. This spiritual distinction will help you to dis-create your old programs.

**THERE ARE FOUR CORE ELEMENTS OF *CREDIBILITY* (or believability):**

1. INTEGRITY- Integrity is honesty. It is "integratedness." It is walking your talk. It is having the courage to act in accordance with your values and beliefs.
2. INTENT- Intent is your motives, your agenda and the resulting behaviors. TRUST grows when your motives are straightforward and based on mutual benefit. Both integrity and intent are matters of character.
3. CAPABILITIES- Capabilities are the abilities you have to inspire others; your talents, attitudes, skills, knowledge, and style that build\_ trust.
4. RESULTS- Results refers to your track record, performance, and getting the right things done, which makes people feel that you are "trust-worthy."

The end result of your achievement of Self-trust is PERSONAL INTEGRITY. Personal integrity manifests as \_ noble character, professional competence, good judgment and *credibility*.

These Self-trust characteristics will support the accomplishment of all of your goals, dreams and desires, as well as have a positive influence on others, who will consider you to be a trustworthy person.

Next month's *Inner Reflection* message will focus on the four types of relationship trust.

Namaste,  
Hu

**FREE SELF-MASTERY GIFT**

Self-programming for permanent behavior change is the core reason why [Self-mastery...A Journey Home to Your SELF](#) is such a Self-empowering mastery tool.

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